

# Cyber Risk Essentials - Self assessment

## Understand and improve your Cyber Risk profile

Our growing reliance on information technology means no business today can ignore the threat of cyber security breaches. Whether it results from system failure, human error, or an attack by cyber criminals, a data breach could cripple your organisation – disrupting its business, damaging its reputation, and inflicting severe financial losses.

Implementing effective cyber security measures, and creating a top-to-bottom cyber resilient culture, can minimise your vulnerability and keep your business on track. But the first step in combatting cyber risk is understanding your exposure.

Our Cyber Risk Essentials assessment helps you analyse and understand the security risks your organisation faces. It provides a benchmark against which to measure your processes and risk controls, so you can be sure you're properly protected. Simply complete the online assessment, and you'll receive a report and recommendations individually tailored to your business. You can also use this tool to request a cyber insurance quote.

## Benefits of Cyber Risk Essentials

- > Suitable for use by any business in any sector, from sole traders to major corporations
- > Provides an impartial overview of your cyber security provisions and practices
- > Closed-answer questions make the assessment straightforward and easy to complete
- > A final open-text question enables you to include any additional comments or information
- > Features guidance and useful links relevant to the questions asked\*
- > Includes a continually updated suite of template documents to promote best practice
- > Time spent using the Cyber Risk Essentials assessment can be added to your CPD records\*\*

\* Many of these links are to UK-based cyber centres and other organisations, but we have signposted guidance likely to be useful to businesses and individuals globally.

\*\* Completing the assessment is Stage 1 in a two-stage learning process focused on understanding and evaluating cyber risks and security measures. Stage 2 involves reviewing your risk improvements and the insights and recommendations you'll receive after completing Stage 1.

## Cyber Risk Essentials - Self assessment

### What's included

Our Cyber Risk Essentials assessment is divided into seven sections each looking at one of the key aspects of data security:

- > Governance and Leadership
- > People Controls
- > Third Party Management
- > Network Security Controls
- > Data Protection
- > Customer Activity Management
- > Incident Response Management

Cyber Risk Essentials includes content and guidance from a variety of sources, including ISO and BSI standards, authoritative bodies like the National Cyber Security Centre, Action Fraud, the Information Commissioner's Office and the World Economic Forum, as well as from QBE's own experts and our panel of Specialist Service Providers.

### How it works

You can access the Cyber Risk Essentials assessment via your [QRisk homepage](#), in the drop down list under "Take a self assessment".

QRisk is QBE's client risk management platform. You can register for access with your QBE policy number at: [qrisk.qbe.com](https://qrisk.qbe.com)

### Report and recommendations

Once you've submitted your assessment, you'll immediately have access to a full report on your cyber risk profile, and another on your risk improvement recommendations.

The full report will be available on your QRisk Assessments page, including a significant amount of additional guidance on all the risk areas covered.

The Risk Improvements tab provides direct access to the areas identified for improvement, so you can review, update the status menus and capture progress on each of them over time.

### Risk management protects your business

Appropriate risk management can minimise your cyber exposure and build resilience. QBE's Cyber Risk Essentials assessment helps you achieve this, enabling you to develop and implement clear strategies and communication plans, and a robust cyber risk culture.

The cyber security challenges your business faces are constantly evolving. But you can anticipate and guard against these threats by keeping up to date with the latest developments and how these could affect your business. Following the current best practice covered by this profiling exercise will help you keep your business safe from cyber attacks and social engineering scams.

Cyber Risk Essentials is available to all QBE policyholders via the QRisk platform. Try it today if you haven't already.

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### Contact us to learn more

For further information contact [rs@uk.qbe.com](mailto:rs@uk.qbe.com)

For QRisk access queries contact [qrisk.support@qbe.com](mailto:qrisk.support@qbe.com)

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### QBE European Operations

30 Fenchurch Street  
London EC3M 3BD  
tel +44 (0)20 7105 4000  
[QBEurope.com](https://QBEurope.com)



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